

**Virginia Department of Health (VDH)
Pandemic Influenza Monthly Activity Report
November 3, 2008**

WORLDWIDE UPDATE

- The World Health Organization (WHO) has not reported any additional human cases of avian influenza A/H5N1 since September 10. The cumulative case count stands at 387 cases, including 245 deaths. This represents a case-fatality rate of 63.3 percent.

VDH ACTIVITIES – Central Office

- Director Emergency Operations briefed the Governor's Secure Commonwealth Panel and the Commonwealth Preparedness Working Group on PanFlu planning and the status of upcoming statewide PanFlu Exercise, FLUEX '08.
- Commonwealth Pandemic Influenza Advisory Group held its quarterly meeting.
- Director Emergency Operations participated as Committee Member reviewing the potential for making Antiviral home kits available in the event of an Influenza Pandemic.
- Preparations continue Statewide FLUEX 20-21 Nov.
- Health Districts and Emergency Preparedness & Response (EP&R) Regions continue community outreach and coordinated PanFlu planning (refer to following VDH Pandemic Flu Activities Progress Report).

VDH ACTIVITIES – Regional Reports

- **Central Region**
 - Planner and Training Coordinator served as a facilitators/controllers at the Henrico County PanFlu Public Health Tabletop Exercise (TTX) where the purpose was to evaluate current response concepts, plans and capabilities and improve the communication links and procedures of the Henrico Health Department Operations Center (HDOC) with its response partners, as defined in its emergency operations and emergency response communications plans, in a simulated combined seasonal and avian influenza outbreak in Henrico. Participants included representatives from Henrico County's Administration, Public Relations, Attorney, Fire, Police, EMS and Schools offices, the Henrico County Health Department and Henrico Doctors' Hospital, along with subject matter experts from VDH's EP&R and other Central Regional Office.
 - Training Coordinator served as an evaluator for Piedmont Health District's influenza vaccination Point of Dispensing (POD) exercise. Planner and Training Coordinator also served as evaluator and controller, respectively, for Richmond City's Closed POD Influenza vaccination exercise for first responders and their family members. These exercises afford Local Health Districts (LHDs) the opportunity to practice mass dispensing, develop staff skills, test procedures, measure throughput capability and develop incident command expertise that would be used in the instance of a PanFlu outbreak.
 - Training Coordinator, with assistance from VDH Office of Epidemiology, conducted the Public Health Incident Command Tabletop Exercise (PHICTEX) with Chesterfield Health District, which provided a better understanding of incident management practices that would be used by the epidemiological staff during a PanFlu outbreak. PHICTEX was also designed to be used statewide with VDH epidemiological staff to provide greater familiarity with the use of the Incident Command System (ICS) structure as it relates to epidemiological activities in a PanFlu or other widespread outbreak. To date, this training has also been held in the

- Henrico, Crater and Richmond City Health Districts. Training in the Chickahominy Health District is tentatively scheduled for mid-December.
- Public Information Officer (PIO) is developing materials to present to the Virginia Broadcast Association regarding FLUEX '08 prior to the exercise in addition to updating scripts and reworking materials for a PanFlu/Risk Communications Training brochure/handout.
 - Training Coordinator completed the Virginia Department of Emergency Management's (VDEM) Emergency Operations Center (EOC) training course levels 101 and 201 to ensure effective participation in VDH's Emergency Communications Center (ECC) and the EOC as necessary during an incident such as a PanFlu outbreak.
 - Training Coordinator delivered a Virginia Volunteer Health System (VVHS 2.2) enhancement presentation at the Fall 2008 VDH Virginia Medical Reserve Corps (MRC) and EP&R meeting, as well as conducted the final session of Virginia Volunteer Health System 2.2 training. The VVHS is an enhanced automated volunteer registration system capable of registering volunteers; tracking volunteer credentialing and training levels and providing volunteer alerting capability. The use of VVHS in a PanFlu emergency will be essential in providing the manpower necessary to support VDH's emergency POD operations and other essential functions.
 - Training Coordinator assisted with the coordination of the Disaster Behavioral Health Workshop in Powhatan. This basic-level, highly interactive workshop provided participants the opportunity to learn and practice the basic skills used in a disaster behavioral health response involving public health emergencies such as a PanFlu or other disaster event.
 - **Northern Region**
 - Medical Consultant and PIO participated in the Metropolitan Washington Council of Government Emergency Preparedness Council's (EPC) annual Senior Leaders' Seminar, which focused on a PanFlu outbreak in the National Capital Region (NCR) and the associated challenges for the region and provided an opportunity to discuss how the roles and responsibilities of the key local, state and federal leaders as well as volunteer organizations and the private sector would intersect when responding to a PanFlu event in the NCR. The primary goals for the seminar were to assist in enhancing decision-making strategies and coordinating unified public policy messages during this type of regional emergency.
 - Planner worked with District Planners in the Region to identify potential participants and exercise activities for FLUEX '08 exercise.
 - **Eastern Region**
 - Epidemiologist and other District staff from epidemiology, environmental health and planning and the Mobile GIS Assessment Workgroup (formed to address all hazards data collection and analysis, including PanFlu) met with ESRI vendor to begin working on trainings on how to use the Trimble GeoXT units in the field and to discuss the capabilities of the hardware and software alternatives for design of surveys.
 - PIO facilitated VDH PanFlu Risk Communication Training in Hampton. Training Coordinator assisted by publicizing the event and coordinating registration on TRAIN.
 - **Southwest Region**

- Planner and Trainer conducted Chempack Training for the Far SW Hospital Emergency Consortium and the three LHDs, which included discussion surrounding how we can be better prepared for all emergency response efforts including a PanFlu outbreak.
- Trainer has conducted six Health Alert Network (HAN) User sessions for the New River Health District Staff and SW Region PIO. This training would be used in the event of an influenza outbreak, as well as other emergency responses.
- Regional EP&R team continues to discuss the upcoming PanFlu exercises and what role(s) we would play in these exercises along with other regional PanFlu initiatives.
- Planner served as the Exercise Evaluator and the Regional PIO served as a Joint Information Center (JIC) participant for the City of Radford and Radford University's Exercise: Radford City – R.U. Ready. While this drill was not specifically aimed at PanFlu intervention, it did stress the three participating hospitals with patient surge issues and long term planning issues.
- Planner, Trainer and Epidemiologist were confirmed and updated by the VDEM as National Incident Management System (NIMS) instructors for the NIMS 300 and 400 Instructor-led classes. This training will need to be delivered to select VDH staff personnel and will be very useful in the event of a PanFlu outbreak.
- PIO is continuing to assist Region's LHDs/Districts with their respective seasonal flu campaigns and news conferences.
- PIO attended the Near SW Preparedness Alliance meeting in Roanoke and participated in the medical reserve presentation by the EP&R Volunteer Coordinator. MRC volunteers will be essential in the response to an influenza outbreak. Planner also met with the Volunteer Coordinator and discussed the establishment and use of additional MRCs in the Region to assist with a PanFlu response.
- PIO participated in the Mt. Empire Epidemiological Task Force meeting and assisted in the preparation and delivery of the press coverage for operation "Keep Flu Out!"
- PIO continues to assist the LHDs with the delivery of news releases regarding the availability of flu vaccine through the use of locally administered PODs, which are excellent annual training for the delivery of antivirals in the event of a PanFlu outbreak.

VDH ACTIVITIES – Health District Reports

- **Alexandria**
 - During October and November and building on last year's experiences, District is testing ability to provide vaccinations to most vulnerable populations in the city, including the medically vulnerable, using a basic model of providing vaccine and all needed materials to non-Public Health nurses in a number of agencies who in turn provide the vaccinations.
 - Operational focus for FLUEX '08 will be on "special needs," especially the medically vulnerable. District will also establish a Health Department Operations Center that will emphasize senior management's ability to respond to everything from continuity of operations to hospital surge support to community social distancing.
- **Arlington**
 - Portacount training was completed for the fit testing team as part of the on-going mask fitting project.
 - DVD inserts have been delivered, and the delivery of binders to doctors offices to be coordinated.

- Posters and dioramas are displayed at Arlington Metro stations from November through February '09.
- Large foam board mounted reusable flu prevention posters in English and Spanish have been distributed to community centers, libraries, clinics and selected schools and are on display.
- **Central Shenandoah**
 - Director gave a PanFlu-focused preparedness presentation to the Round Table Men's Club in Waynesboro.
 - Planner and Epidemiologist attended District's Emergency Management Team meeting to give updates on the upcoming fall VDH statewide FLUEX '08 and other upcoming District training opportunities.
 - Planner continues to recruit emergency partners to play in FLUEX '08.
 - Planner attended the Statewide MRC meeting held in Richmond, VDEM's State Shelter assessment meeting at the Rockingham County Fairgrounds located in Harrisonburg and ICS Instructors' meeting in Salem.
 - Planner gave emergency preparedness and PanFlu presentation to a group of graduate nursing students at James Madison University (JMU).
 - Planner continues to work with District partners on the PUSH Memorandum of Understanding agreements (MOUs). Additional agreements were executed this month with nine others pending. Planner has also negotiated with three more of the District's jurisdictions to execute MOUs that would allow the District to utilize schools during public health emergencies.
 - Planner has applied to VDEM for permission to use WEBEOC during emergencies and training events.
- **Central Virginia**
 - District continues to coordinate its efforts on Pandemic response and preparedness with the community partners.
 - District performed a drive-thru vaccination drill, dispensing 300 doses of free annual flu vaccine to the public while the public remained in cars. The event was received well by the public, and District learned a great deal about use of the drive-thru technique for public mass vaccinations.
 - Immunization Nurses performed 11 travel consultations, covering PanFlu precautions for those traveling overseas.
- **Chesapeake**
 - During the Quarterly Meeting of all District staff, the VDH "Stay at Home Toolkit for Influenza" was re-introduced and described by the Planner. Copies of the toolkit were distributed to staff members.
 - Planner met with exercise "Secure Creek" planning team of City of Chesapeake and Virginia Department of Corrections' Indian Creek facility to refine plans for this month's tabletop exercise and the functional exercise scheduled for November 7. Planner also described the MRC's role in this exercise to Hampton Roads Metropolitan Medical Response Committee. Director, Planner and MRC Coordinator assisted the Indian Creek Correctional Center in conducting their PanFlu Tabletop exercise. There were approximately 25 participants, including two MRC observers.
 - At the bi-monthly meeting of the Hampton Roads Metropolitan Medical Response Committee, planner described role of the Chesapeake Medical Reserve Corps in the Indian Creek Correctional Center's "Secure Creek" exercise series.

- Planner met with representatives from the Chesapeake Regional Medical Center's Pandemic Planning Committee to help develop their response plan and align activities for FLUEX '08.
- EP&R Assistant provided Flu and Hand Washing educational materials for distribution at various flu prevention outreach activities including several flu shot clinics and the Chesapeake Public Schools' Employee Wellness Day.
- EP&R Assistant has created a business-card sized Flu Educational Card, which features tips on how to avoid getting the flu and also provides the web address for the "Stay At Home Toolkit for Influenza" found on the VDH web site.
- **Chesterfield**
 - Continued FLUEX '08 planning.
 - Planner presented on emergency preparedness and PanFlu planning to two classes at John Tyler Community College in Chester.
- **Chickahominy**
 - No activities reported.
- **Crater**
 - PanFlu team contacted banks, hotels, grocery stores and the federal prison to educate the organizations' staff members about MRC volunteerism, emergency preparedness and PanFlu.
 - Met with the District Emergency Support Function (ESF) committee and an area Red Cross to present the MRC and the services MRC volunteers will provide through District.
 - A day and a half of education and support took place at the MRC & EP&R State Coordinator's Meeting. .
 - "Be a Germ Stopper, Before They Stop YOU!" campaign is ongoing.
 - Seventh edition of "The Flu Flash" newsletter was blast faxed to all primary care physicians, nursing homes and hospital infection control practitioners in the District, informing them of influenza updates and PanFlu tidbits; one story featured the government's approval of a new genetic test for the flu virus that will allow labs across the country to identify flu strains within a few hours.
 - MRC information was disseminated during a Hopewell SALT-TRIAD event, sponsored by one of Crater MRC volunteers. MRC continued with its monthly meeting and training sessions. For the month of October, Terrorism and Security Awareness Training (TSAO) was offered by the Central Region Training Coordinator/Instructor, as well as orientation provided by the MRC Coordinator.
- **Cumberland Plateau**
 - Emergency Preparedness Coordinator presented a PanFlu and emergency preparedness program to the TriCollege nursing program serving Southwest Virginia Community College, Virginia Highlands Community College and Mountain Empire Community College via webcast.
 - Buchanan County Health Department staff and Director, Planner, Nurse Supervisor, EPR Coordinator and other volunteer District nurses and Clerks, held a two day POD clinic using inactivated influenza vaccine during the two days of Remote Area Free Medical Clinic (RAM) using fixed and mobile delivery techniques in Grundy, VA, giving 589 doses to promote community wellness and PanFlu awareness.
 - Epidemiologist, Nurse Supervisors/Managers, several Nurses and Clerks and EP&R Coordinator participated in various in school flu vaccination project clinics in all elementary and middle schools within the four-county district. The program provides flu vaccination for students and staff in school. The program also provides real world

- practice and familiarity for the District and school partners with the actual use of schools as prophylaxis delivery sites as planned/required for an influenza pandemic or other large scale disease outbreak.
- Emergency Preparedness Coordinator presented a week long series of activities on emergency preparedness using the Ready.gov children's program to over 200 third and fourth graders at Graham Intermediate School in Bluefield, VA. The Bluefield Fire and Rescue Squad assisted on the last day. This activity covered the emergency preparedness Standards of Learning (SOLs) for both grade levels.
 - Director, Epidemiologist, EP&R Coordinator and Regional PIO distributed information to key stakeholders and the general public via various media outlets regarding the regional TN/VA seasonal flu vaccination campaign "Keep Flu Out" involving key local PanFlu and infectious disease stakeholders through the Mountain Empire Epidemiology Task Force (MEETF); a voluntary association of NE Tennessee and Far Southwest Virginia Health Departments that works to bring attention to epidemiological concerns of regional interest. Significantly they have brought together the ETSU College of Public Health, Mountain States Health Alliance, James H. Quillen Veteran's Affairs Medical Center, and Wellmont Health System in this joint multimedia outreach campaign. Lenowisco and Mount Rogers Health Districts are also key MEETF members.
 - Nurse Supervisor and Epidemiologist conducted a flu vaccination POD exercise at a long term care facility. The scenario simulated a special needs population that would be unable to travel to a central POD site, so a CPHD team, in this case a nurse and clerk, was sent to administer prophylaxis (EP&R influenza vaccine). Residents of this facility were vaccinated as a high risk group because of communal living conditions and percentage of population with underlying health conditions that would result in serious sequelae. Staff also was vaccinated as those that would be responsible for providing health care and personal care to this high risk population throughout an influenza pandemic.
 - Nurse and Epidemiologist conducted a flu vaccination POD exercise at a Community Services Board site that employs their clients in a catering business. The scenario, like the exercise above, also simulated a vulnerable special needs population that would be unable to travel to a central POD site.
 - **Eastern Shore**
 - Preparing for drive-thru flu shot exercise on November 1 at Nandua High School, at which attendees will receive a free flu vaccination and a germ stop tube with sanitizer, mask and disinfecting wipes. Other flu vaccination clinics began in District mid-month.
 - Program Support Tech participated in Delmarva PanFlu tabletop exercise.
 - Planner preparing for statewide FLUEX '08 being held in November.
 - **Fairfax**
 - Provided PanFlu presentations at three Early Head Start Programs; an ESOL Regional meeting for Fairfax County Public Schools; Day Laborers community organizers forum; the Hispanic community at Brookfield Elementary School; a community day at a local community center; a local Fall Festival; and distributed flu prevention information at the Northern Virginia Community College flu clinic.
 - **Hampton**
 - Planner attended PanFlu response meetings with Fort Monroe and has been asked to be part of the Ft. Monroe PI planning group. The Ft. Monroe Provost Martial and medical group has asked if District would enter into MOU based on the 1st Medical

Group MOU. Discussions also included PPE recommendations for base operations, establishing housing on base for essential staff and base daycare operations during a PanFlu event.

- Met with Langley Air Force Base, 1st Med Group discussed PI response. MOU has been updated and signed by District and 1st Medical Group.
- Second meeting with the Health Services Coordinator for Hampton City Jail and Jail annex held discussing PanFlu response and taking part in FLUEX '08.
- Epidemiologist met with nursing home and presented a talk concerning PanFlu and annual flu vaccination, where 38 residents also received annual flu shots.
- Working with Hampton City Schools in developing their PanFlu response plan, closing of schools, using schools as vaccination sites and having school staff assist in the operations of these sites.
- Met with Hampton University Schools of Nursing and Pharmacy about PanFlu response; nursing students will be assisting in VACC and VOTE program on Election Day. School of Nursing will be point of contact for a dispensing exercise in June '09. Also waiting on a date to present a PanFlu briefing to University Governing Board.
- Discussed PanFlu precautions and response with City of Hampton Public Safety Working Group
- Planner and Epidemiologist met with Fast Forward, a program that helps disadvantaged mothers prepare for obtaining a job and getting back on their feet, where PanFlu and emergency preparedness were discussed.
- Director attended an annual Infectious Disease Society of America meeting that included numerous presentations on pandemic and seasonal influenzas.
- HAN recall held.
- **Henrico**
 - District exercised a PanFlu isolation and quarantine scenario, which was well attended by local partners and about which critical operational feedback was obtained. An After-Action Report (AAR) will be available in the near future, and District plans to distribute the lessons learned.
 - MRC/PanFlu Coordinator, Epidemiologist and Planner attended Henrico County Public School Nurses' orientation session. At the session, the MRC/PanFlu Coordinator provided pandemic and seasonal flu information to the nurses, and the Epidemiologist discussed basic infection control practices.
 - Epidemiologist sent regular avian influenza updates via email to community partners.
 - District sent monthly Public Health Bytes newsletter, which includes a Pandemic/Avian Flu update, to local healthcare facilities, medical providers, schools, first responders, county officials and other interested parties.
 - MRC/PanFlu Coordinator continued MRC emergency preparedness training sessions for both the eastern and western MRC units in Henrico County.
 - MRC/PanFlu Coordinator engaged three local churches to assist them in developing a PanFlu plan.
 - MRC/PanFlu Coordinator attended the Pandemic Flu Advisory committee meeting.
 - MRC/PanFlu Coordinator distributed the MRC Voice, a local MRC newsletter, which continues to carry PanFlu information and global updates for its readers.
- **Lenowisco**
 - Planner distributed PanFlu materials and seasonal flu vaccination information to members of Wise Kiwanis. Health Educators distributed PanFlu and emergency preparedness materials to attendees of Wellmont Health Systems' health fair at Powell Valley High School.

- Planner and Epidemiologist conducted a presentation to the Wise County Career Center nursing instructors and students. Discussion included emergency preparedness, PanFlu preparation and the MRC.
- The Mt. Empire Epidemiological Task-Force Committee, of which Lenowisco Epidemiologist, Nurse Practitioner and Director are members, held a press conference to introduce a collaborative effort of the V.A. Hospital, local private hospitals and LHDs to combat influenza in Southwest Virginia and Eastern Tennessee. “Keep Flu Out: Protect Yourself, Your Family and Those You Love” was the campaign slogan. This press conference received print and television coverage (http://www.tricities.com/tri/news/local/medical/article/tri_cities_task_force_takes_on_influenza/14769/).
- Seasonal flu shots were provided to approximately 1840 students and staff during the District’s school vaccination campaign involving all schools in the District and targeting elementary and middle school-aged children. Each child who participated was given an emergency preparedness coloring book provided by FEMA.
- Epidemiologist, Planner and Director discussed FLUEX ‘08 tabletop. Invitations were also mailed out for exercise.
- Epidemiologist attended the ICS Train-the-Trainer update.
- Preparations are underway for a “drive-through” POD exercise on November 4. The locations will NOT be election polling stations; however, we are encouraging residents who are out voting to stop by a clinic in their county and receive a free flu shot. This exercise is the annual POD exercise using flu vaccines provided by EP&R.
- **Lord Fairfax**
 - Planner facilitated the “Reaching Out Beyond School Walls” seminar as part of the VDEM’s Region II Homeland Security Exercise and Evaluation Program’s (HSEEP) Multi-Year Training and Exercise Plan. The seminar is the first phase of the three-year plan to bring all Region II school systems together with Public Safety, Emergency Management and other community partners, such as public health. The purpose of this program is to strengthen the partnerships with local school systems which will aid in planning for All-Hazards including the need for school participation in Pandemic Planning.
 - Planner provided VDH EP&R program overview to the restructured District Response Team, which will be part of the Tiered Response concept developed to better manage District resources in an emergency. The first tier is the Incident Management Team, which will set the incident objectives and vision. The second tier is the Emergency Operations Center Liaison Team, which will carry out the strategies set forth by the Incident Management Team. The third level of the concept is the District Response Team who will be the staff serving as the field personnel carrying out operations in a public health emergency and mesh with other agencies and personnel to form Task Forces to respond to a public health or other type of event and bring the district in closer compliance with federal directive and the Project Public Health Ready (PPHR) program.
 - Planner continued planning of Operation Long Run, a tabletop exercise (TTX) that will be conducted using telemedicine capabilities between three hospitals in Valley Health System, Winchester Medical Center, Warren Memorial Hospital and Shenandoah Memorial Hospital during the second day of FLUEX ‘08 and will test the ability of the three hospitals to function for 96 hours independently of outside assistance to meet Joint Commission requirements.

- Planner disseminated District Exercise Plan for local participation in FLUEX '08. District exercise will be called the Public Health Incident Response Exercise. Messages were also crafted for the Master Scenario Events List to aid in accomplishment of District objectives, which include activation of the Health District Operations Center, Emergency Public Information and development and execution of an Incident Action Plan.
- Planner continued working with three jurisdictions (Frederick, Warren and Page Counties) within the District for external partner participation in FLUEX '08 to provide them the opportunity to test their PanFlu response plans. Shenandoah University has also agreed to participate to test their internal campus PanFlu response plan.
- Planner presented a pandemic planning update to graduating nurses at Shenandoah University which also included an overview of Strategic National Stockpile (SNS) operations. The presentation also included recruitment for the District MRC. The class consisted of new Nurses, Nurses gaining Master's degrees and Exchange Student Nurses from Thailand.
- Planner attended training in the use of the Virginia Volunteer Registration System, which will provide easier access to and management of volunteers to supplement the Public Health Workforce in the District and aid the District's response to a pandemic.
- **Loudoun**
 - Provided PanFlu presentations and handout information for 25 members of ECHO (Every Citizen Has Opportunities) organization in Leesburg; and 17 members of the Sterling Rotary Club.
 - Interview with Director on PanFlu emergency response <http://www.pandemicflu.gov/faq/vaccines/1689.html>.
 - Continued distribution of PanFlu information to the public at: Philomont Fire Department Open House; Ashburn Fire Department Open House; Hispanic Family Night, Harper Park Middle School, Leesburg; Douglass Community Center ESL class, Leesburg; Sterlingfest, Sterling; Lovettsville Fire Department Open House; Sunrise Nursing Home, Leesburg; Loudoun Country Day School, Leesburg; Arcola Fire Department Open House; Panther Pride dinner, Potomac Falls High School, Cascades; Cool Spring Elementary School Family Night, Leesburg; Brambleton Fall Festival, Ashburn; AOL Headquarters Health Fair, Ashburn.
- **Mount Rogers**
 - Planner met with CRA/VDEM to discuss follow-up workshops from the Southwest VA Preparedness Summit, focusing on PanFlu planning.
 - Conducted POD at 12 Wythe County schools; approximately 1,250 students received influenza vaccine or mist.
- **New River**
 - District, in partnership with New River Free Clinic Consortium, conducted flu vaccine PODs at free clinic locations in Floyd, Giles, Montgomery and Pulaski Counties, as well as in Radford City. Planner has used these opportunities to promote PanFlu and all-hazards preparedness.
 - Director distributed letters to local government officials encouraging them to participate in this year's FLUEX '08. Director also interacts regularly with local medical society and other professional health care workers/organizations taking the opportunity to remind them about PanFlu preparedness.

- Planner continues communicating with long-term care and assisted living facilities about PanFlu and all-hazards emergency preparedness. Planner also assisting local hospitals with planning for hosting surge capacity programs.
- **Norfolk**
 - Health Promotions team attended the following events providing PanFlu family planning booklets, packets and kits for community distribution: Lindenwood, Cottage Heights, Baurraud Park community fair, City of Norfolk Aging in Place Conference, Senior Services at Southeastern Virginia, Sentara Leigh Memorial Hospital and Bel Air Civic League Meeting. Team also provided presentations at Norfolk State University and Campostella Heights SDA.
 - District conducted a six-hour flu exercise in Old Dominion University's Ted Constance Center. There were 201 flu vaccines given, 255 PanFlu booklets and Disaster Preparedness for People with Disabilities pamphlets, and 14 people were registered in the District's Special Medical Needs database.
- **Peninsula**
 - No activities reported.
- **Piedmont**
 - Conducted No activities reported.seasonal influenza vaccine clinics for the public, including one drive-thru clinic.
 - Conducted a dispensing site exercise, utilizing seasonal influenza vaccine, with local partners in conjunction with the FLUEX '08 exercise and continue to work with them to gain support for the FLUEX '08 exercise in November.
- **Pittsylvania-Danville**
 - No activities to report.
- **Portsmouth**
 - No activities reported.
- **Prince William**
 - "Operation Osbourn Park" PanFlu PODs exercise meeting the following objectives: demonstrate use of ICS; demonstrate communication between the Staging Site (SS), POD and Command Post (CP); demonstrate that the SS was properly established and operated; process workers; just-in-time training; vaccination; demonstrate a high school works well for a POD site; demonstrate POD was properly established and operated to vaccinate 500 clients per hour; and demonstrate that agencies and organizations in the exercise work effectively together. Approximately 675 individuals were processed through POD; an after-action report will be released at the end of November.
- **Rappahannock**
 - Epidemiologist and Planner participated in Spotsylvania County's PanFlu Task Force meeting, discussing ongoing PanFlu preparedness issues in the county.
 - Planner presented on PanFlu at a Rappahannock Chapter American Red Cross disaster training session.
 - Rappahannock MRC staffed a table at a Virginia Association of Health Occupations Students of America conference. Approximately 200 people were able to access VDH emergency preparedness materials, including those on PanFlu.
 - Planner participated in Germanna Community College Safety Committee meeting. Ongoing PanFlu preparedness planning discussed, along with managing other types of disasters.
 - Planner staffed a public education table at a health fair held at Chancellor Elementary School, sponsored by the Health Ministry of the Resurrection Lutheran Church.

- District conducted its annual FLUEX in Caroline County with participation from the District's Public Health Response Team, the Rappahannock MRC, the county's Sheriff's Office, Fire/Rescue, Emergency Management, Public Information and Public Works agencies and Virginia Department of Transportation (VDOT). The exercise was designed to help prepare for an outbreak that would require mass vaccinations. Public education materials, including those on PanFlu, were distributed.
- Planner spoke about emergency preparedness, including PanFlu, at the Virginia Chapter of the National Association for the Advancement of Colored Person's (NAACP) annual conference in Fredericksburg.
- **Rappahannock-Rapidan**
 - District staff gave presentations on PanFlu and All-Hazards Preparedness to four community groups. Also set up and manned displays on PanFlu and All-Hazards Preparedness at five health fairs.
 - District's PanFlu Coordinating Council met. Planner updated the group on recent preparedness activities.
 - District staff and MRC volunteers organized emergency preparedness supplies and equipment in preparation for the November 3 flu vaccination drill. Additional District staff was trained on the use of mass dispensing supplies and equipment. Drill was advertised in local media, through community partners, in mailers and posted in key locations throughout the District.
 - Mailer was sent to all churches in the District containing information on PanFlu, emergency preparedness and the upcoming flu vaccination drill.
- **Richmond City**
 - District conducted its Fall Exercise '08 to test the ability to simultaneously staff multiple dispensing sites for prophylaxis of the city's first responders. The City of Richmond's Office of Emergency Response partnered with the District where free flu shots were given to first responders and their families, one of the groups that comprise Tier 1 in the CDC's PanFlu planning.
 - Richmond City Sheriff's Department provided PanFlu training for 14 staff members.
 - Planner provided presentation to Virginia Commonwealth University's (VCU) School of Nursing's Student Nurses Association and attended VDH's PanFlu Advisory Group meeting.
 - Planner working with VCU's Division of Health Careers/Education and Special Services for Students (HCE/SSS) and several local partners to bring a Stabilization and Treatment-In-Place (STIP) Unit, which is a system designed for rapid on-site patient stabilization and treatment during an emergency, to the university. Students were introduced to the unit as a "mobile hospital" and had the opportunity to walk through the unit, while learning about the process of setting up such a tent, how the tent is powered, and the volume of patients that such a unit can sustain over a period of time in the event of an emergency. In addition, several VCU students assisted with setting up and breaking down the tent, providing hands-on experience on the process preparing a "mobile hospital" in the event of an emergency and opportunities to discuss alternate care sites, PanFlu plans and volunteering.
 - Planner provided presentation to long term care facility regarding seasonal and pandemic influenza planning
- **Roanoke/Alleghany County**
 - Conducted PODs at Craig County High School and in Botetourt County. Also preparing for PODs at Roanoke and Salem Civic Centers and Dabney Lancaster Community College.

- **Southside**
 - Distributed 1,200 copies of PanFlu and Infection Control outreach material and reusable thermometers at a county fair. Packaged and mailed or delivered PanFlu and Infection Control outreach materials to a total of 161 churches, distributing 12,800 handouts to date. Also distributed 350 PanFlu and Infection Control outreach handouts at two local town festivals.
 - Met with churches in the Church Pilot “Shut-in” program to prepare for upcoming flu season.
 - Coordinating with the local public school system to conduct Infection Control presentation to elementary level students.
 - Trained second group of MRC volunteers to conduct PanFlu and Infection Control presentations with in the community.
 - Conducted PanFlu and Infection Control presentation for the HAM radio operators.
 - Coordinating volunteers for our local flu exercise.
- **Thomas Jefferson**
 - Director met with representatives of the University of Virginia (UVA) and the county’s emergency manager regarding a mass fatality plan. Also met with UVA, Martha Jefferson Hospital and Albemarle County staff to finalize the community’s triage plan.
 - Planner drafting PanFlu dispensing exercise and preparing for FLUEX ’08.
- **Three Rivers**
 - Planner, Public Health Nurse and Office Manager distributed Hand washing Bathroom Mirror Stickers, Hand Sanitizer Belt Clips and Hand washing literature at the West Point Crab Carnival.
 - Planner met with Rappahannock General and Riverside Walter Reed hospital officials to encourage participation in the State FLUEX ’08 and also distributed Hand washing Bathroom Mirror stickers and Children’s Hand washing activity booklets for each facility.
 - Planner met with Gloucester County School District Environmental Safety Officer and supplied 600 Child Hand washing activity booklets to be incorporated into the third-grade curriculum.
 - Planner briefed Gloucester County Local Emergency Planning Committee (LEPC) on the upcoming drive-thru mass influenza vaccination clinic.
 - District conducted DRIVEX ’08 drive-thru mass influenza clinics at the fire and rescue squad buildings in Aylett (King William Co.) and Marcum (Gloucester Co.). Nearly 500 doses were distributed at the clinics, which were conducted simultaneously and staffed by District personnel with help from District MRC volunteers, as well county emergency services and fire/rescue squad personnel. Exercise preparation activities included planning meetings at each site by respective planning committees, advertising and public service announcements (PSAs), newspaper articles and posting of flyers.
- **Virginia Beach**
 - No activities reported.
- **West Piedmont**
 - Planner e-mailed the monthly PanFlu newsletter to all three committees within District and to District staff.
 - Planner attended the After-Action Review for the Roanoke-Alleghany Health District PanFlu Table Top Drill from last month.

- District held a Mass Dispensing Exercise at the Rotary Field in Stuart, VA, where District staff worked in conjunction with RJR Patrick County Community Hospital staff to dispense flu vaccine.
- Planner worked with Patrick County Schools PanFlu committee in deciding on what items they could get for a PanFlu Response Grant they received.
- Planner delivered 2,700 PanFlu Booklets to Patrick County Public Schools for distribution to the students and staff.
- **Western Tidewater**
 - No PanFlu activities to report.